

Behavioral Health · Associate of Applied Science degree

Program Description

The Behavioral Health program (BHP) is a degree option for those who are interested in human behavior, especially in clinical or health-related settings. During the program, students will study behavioral health concepts related to addiction and substance abuse, counseling, group dynamics and human development. The Behavior Health program will also cover current trends, best practices and up-to-date research findings. If you wish to pursue a bachelor's degree after earning your AAS you can take advantage of a smooth transfer to University of Colorado, Colorado Springs (UCCS) for a BA in Human Services.

Graduates from the behavioral health program can look forward to a rapidly growing job market that has several options.

Career Information

A behavioral health specialist is a professional who works with people who have disabilities or problems with behavior and learning impairment in a variety of settings ranging from residential to outpatient, including but not limited to department of corrections, youth residential facilities, hospitals and outpatient facilities.

Career Opportunities include:

- Behavioral health technician
- Case manager
- Peer support worker
- Community health worker
- Family support worker
- Respite care worker
- Paraprofessional counselor
- Social service liaison

Student Name _____ **S** _____

Total Program Credits – 65

Sample Schedule

Semester/Total Credits	Course	General Education Course Titles	Credits
1 st Spring – 16	AAA 109	Advance Academic Achievement	3
	ENG 121	English Composition I ¹	3
	PSY 101	General Psychology I ¹	3
	COM 125	Interpersonal Communication ²	3
	BIO 106	Basic Anatomy & Physiology ²	4
1 st Summer – 7	HPR 138	Introduction to Medical Terminology ²	1
	SOC 101	Introduction to Sociology ¹	3

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Semester/Total Credits	Course	General Education Course Titles	Credits
	PSY 235	Human Growth & Development ¹	3
Fall – 18	MAT 135	Introduction to Statistics ¹	3
	COM 263	Conflict Resolution ²	1
	SOC 231	The Sociology of Deviant Behavior ¹ (fall only)	3
	PTE 110	Intro to Behavioral Health Care & Wellness ² (fall only)	3
	CSL 245	Professional Ethics I ^{2, 4}	1
	CSL 251	Pharmacology I ^{2, 4}	1
	CSL 255	Infectious Diseases in Addiction Treatment ^{2, 4}	1
	CSL 260	Client Record Management ^{2, 4}	1
	CSL 265	Culturally Informed Treatment ^{2, 4}	1
	CSL 268	Addiction Counseling Skills ^{2, 4}	1.5
CSL 269	Principles of Addiction Treatment ^{2, 4}	1.5	
2 nd Spring – 16.5	PSY 249	Abnormal Psychology ¹ (spring only)	3
	PTE 117	Theoretical Concepts of Psychiatric Care II ^{2, 3} (spring only)	2
	PTE 120	Application of Behavioral Health Care & Wellness ^{2, 3} (spring only)	5
	CSL 248	Clinical Assessment & Treatment Planning ^{2, 5}	1
	CSL 250	Motivational Interviewing ^{2, 5}	1.5
	CSL 252	Pharmacology II ^{2, 5}	1
	CSL 253	Cognitive Behavioral Therapy ^{2, 5}	1
	CSL 254	Trauma Informed Care of Diverse Populations ^{2, 5}	1
CSL 256	Co-occurring Disorders ^{2, 5}	1	
2 nd Summer – 7.5	HPR 106	Law & Ethics for Health Professions ²	2
	CRJ 110	Intro to Criminal Justice ²	3
	CSL 257	Professional Ethics II ^{2, 5}	1
	CSL 258	Group Counseling Skills ^{2, 5}	1.5

¹Indicates guarantee transfer courses (GT)

²Indicates program core courses

³Requires departmental approval

⁴CAC I courses

⁵CAC II courses