



~ **October 4, 2010** ~  
**Volume 6, Number 14**

## NOTEWORTHY

**Flag football anyone?**  
PCC is starting a new 4-on-4 flag football league for PCC students. Registration is free and is now underway thru Oct. 15 in the Rec Center, located in CC-115 near the Bookstore. Games will be played in the PCC courtyard.

**Cosmetology special**  
With October being breast cancer awareness month, our Cosmetology program will be selling removable pink hair extensions for \$5 all month. Proceeds will go to the Susan G. Komen Foundation. Call the salon at 549-3160 to schedule an appointment to get your extension.

**T-shirt design contest**  
A Dia de los Muertos T-shirt design contest is now under way on the Pueblo campus. Designs must include the PCC logo and say "Dia de los Muertos" on them. Submit entries to SJ-224 by noon, Thursday, Oct. 14. The winner will be announced Oct. 29.

## ~ PCC CALENDAR OF EVENTS ~

Monday, Oct. 4  
**Free cholesterol screenings**  
8:30 am-noon, Davis AB

Tuesday, Oct. 5  
**University of Phoenix rep visits**  
11 am-1 pm, Davis AB

**Yoga Relaxation class**  
4 pm, CC-161A

**CTU rep visits**  
4-6 pm, AB

**Dance To Be Fit - Zumba**  
5:30 pm, CC-161A

Wednesday, Oct. 6  
**Mini Info Sessions:**  
*Keeping Money in My Pocket*  
Every half-hour, 1 pm - 4:30 pm, AB-154R

**Yoga Relaxation class**  
Noon, CC-161A

**Dance To Be Fit – Belly Dancing**  
5:30 pm, CC-161A



Thursday, Oct. 7  
**Depression Screenings**  
*Free to students, faculty & staff*  
11 am-1 pm & 4-6 pm, MT-114

**Artist Reception for Sharon Orman**  
5-7 pm, SJ-205

**Wii -- "Just Dance" game**  
5:30 pm, CC-161A

Friday, Oct. 8  
**Mini Info Sessions:**  
*Job or Career? How to Get There*  
Every half-hour, 10 am - 11:30 am, AB-154R

Saturday, Oct. 9  
**Soy Unica, Soy Latina Rally**  
8:30 am-3:30 pm, Davis AB

Tuesday, Oct. 12  
**Scholarship Luncheon for donors and recipients**  
11:30 am-1 pm, Fortino Ballroom

**Yoga Relaxation class**  
4 pm, CC-161A

## CSU-P HOSTS COMMUNITY COLLEGE DAY



Students from PCC and 4 other Southeast Colorado community colleges are invited to have free ThunderHill tickets to the CSU-Pueblo football game versus University of Nebraska-Kearney on Saturday, Oct. 16, and will be treated to a free T-shirt, admission to Alumni Tailgate, and a gift pack. Students can receive up to 2 Thunderhill tickets for the 2 p.m. football game at the red tailgate tent near the

Neta and Eddie DeRose ThunderBowl Stadium beginning at 12:30 p.m. There, students will be able to obtain their tickets (note that a student ID is required), free shirt, food and drinks, and a giveaway packet. Students also may submit an entry into a drawing for a \$500 college scholarship in the form of a 529 savings plan thanks to College in Colorado. Reservations are not required, but questions may be answered by calling the CSU-Pueblo Office of Admissions office at 549-2418.

## HAPPENINGS

**Mental health awareness**  
PCC will conduct a Depression Screening Day on Thursday, Oct. 7, on the Pueblo campus for all students, faculty and staff as an awareness and resource referral event. And during all of October, PCC will participate in the Empty Chair Project by decorating and displaying 8 chairs in prominent positions on the Pueblo and Fremont campuses.

**Artist reception**  
A public artist reception for Pueblo's Sharon Orman will be held from 5 to 7 pm Thursday, Oct. 7, in our art gallery located in SJ-205. Orman's "Through the Eyes of Depression" exhibit will run Oct. 4-21 at PCC and is viewable 9 am to 3 pm on weekdays.



**Gateway to College**  
The Gateway to College program that gives high school dropouts an alternate education avenue will conduct 7 information and evaluation weeks beginning with the Oct. 11-14 session. Weekly sessions run Monday thru Friday. Applying students must attend 1 of the 7 week-long sessions. For complete info on times and sites, call 549-3092 or e-mail gatewaytocollege@pueblocc.edu.

**Learn how to sustain Pueblo**  
Our Student Activities Board and the Wet Mountain Sangha are co-sponsoring a symposium on sustainability in Pueblo entitled "Awakening the Dreamer: Sustaining Pueblo for 50 Years." It is set for 6:30 - 8:30 pm Sunday, Oct. 10, in Occhiato Theater. It will have a panel of Pueblo visionaries who are making a difference right now in building a sustainable local environment. Nationally recognized Zen teacher Joan Sutherland, Roshi, will give the keynote talk on change, acceptance, and simplicity. Admission is free.