



# FYI NEWS

~ November 30, 2009 ~  
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## RELIEVE STRESS!

Free massages  
Feeling stressed? Get some relief with a free massage.

Student Government is sponsoring these at the new massage facility on the corner of Abriendo and Lincoln (Cosmetology building). Students, staff and faculty can sign up for a FREE 20-minute massage from a member of the PCC student massage team on Tuesday, Wednesday or Thursday this week between the hours of noon to 4 pm each day. Sign-up sheets are at the Fitness Center -- call there (549-3063) or stop by and sign up.



Learn how to combat it  
Join George Aguirre and Kathy Johnson for some tips and exercises to combat the stress in your life. There will be 2 Tuesday workshops in December -- on Dec. 1 and Dec. 15. Both will take place at 11 am in the Barbara Fortino Room in the College Center.

## ~ UPCOMING SCHEDULE OF EVENTS ~

Monday, Nov. 30  
**Math Focus Group**  
11 am-noon & 2-3 pm, DAB-095

Tuesday, Dec. 1  
**World AIDS Day & Health Fair**  
11 am-1 pm, Ballroom

**Workshop: "Stress Reducing Tips"**  
11 am-noon, Barb Fortino

**CSU-Pueblo rep visits**  
11 am-1 pm, DAB

**Finals Week Massages**  
12-4 pm, Cosmo/Massage Bldg

**Math Focus Group**  
3-4 pm, Davis AB-095

Wednesday, Dec. 2  
**CSU-Pueblo rep visits**  
10 am-noon, DAB

**Finals Week Massages**  
12-4 pm, Cosmo/Massage Bldg

**Student Gov't Meeting** ★  
4:30 pm, Barb Fortino

**Card Yard Celebration**  
5 pm, Pueblo Joe's & courtyard

Thursday, Dec. 3  
**Finals Week Massages**  
12-4 pm, Cosmo/Massage Bldg

**Student Art Reception**  
5-7 pm, SJ-205

Saturday, Dec. 5  
**DASO Fund Raiser**  
7-9 am, North Applebee's

**Parade of Lights**  
6 pm, Canon City

Tuesday, Dec. 8  
**E-Mail Activation Day**  
9 am-2 pm, GATC

Wednesday, Dec. 9  
**AQIP Showcase Event: Institutional Research**  
Details TBA

**Veterans counselor visits**  
9 am-3 pm, mobile center

Thursday, Dec. 10  
**E-Mail Activation Day**  
9 am-2 pm, GATC

Friday, Dec. 11  
**Employee Apprec. Event**  
5:30-11:30 pm, Ballroom

Saturday, Dec. 12  
**Employee Apprec. Dinner**  
6 pm, Shadow Hills GC

## FREE MONEY \$

New Nursing scholarship  
Kaiser Permanente has made a donation to PCC to award scholarships primarily to full-time Associate Degree Nursing program students, who are Hispanic or from another ethnic minority population. The number of recipients and the dollar amount of each scholarship(s) will be determined by the Scholarship Committee. Scholarship funds will be available for the Spring 2010 semester. Students may use the current application that is available on the PCC Foundation website at: [www.pueblocc.edu/AboutUs/Foundation](http://www.pueblocc.edu/AboutUs/Foundation), then click on Foundation Scholarships. The application deadline is Nov. 27. Call the Foundation at 549-3314 for more info.

## FUN STUFF



Cookie Exchange  
The CETD will have its annual Cookie Exchange from 11:30 am to 1 pm Monday, Dec. 14, in the GATC-104. To be part of it, RSVP by Monday, Dec. 7, to [cetd@pueblocc.edu](mailto:cetd@pueblocc.edu). Participants are asked to bring a minimum of 3 dozen cookies separated into 6 half-dozen packages, and include your recipe. Pizza and soda will be available for \$6 per person.

Holiday Lunch & White Elephant gig  
This will be from 11:30 am to 1 pm Friday, Dec. 18, in GATC-104. The gift exchange will take place at noon. For \$6 you can enjoy Collette's Catering of pasta, salad, drink & roll.

## HAPPENINGS

Card Yard celebration

PCC families and friends are invited to the second annual Holiday Card Yard Display & Reception that will take place at 5 pm Wednesday, Dec. 3, in Pueblo



Joe's and the campus courtyard. View the 15 cards that will be displayed outside the CC and MT buildings, and enjoy holiday refreshments and caroling. Hear the announcement of the winner of the Card Yard Contest at 6 pm.

World AIDS Day & Health Fair  
Students and the Multicultural Committee aim to spread awareness about preventative health measures at the World AIDS Day & Health Fair that will take place from 11 am to 1 pm Tuesday, Dec. 1, in the Fortino Ballroom. Keynote speaker Kim Dernovsek will address how one country achieved the world's greatest success against HIV/AIDS. A free light lunch will be provided to PCC students with a PCC ID.

Student Art Show  
The semester-culminating Student Art Show reception will take place from 5 to 7 pm Thursday, Dec. 3, in the San Juan art gallery (Room 205). The reception will include a music program from 5:30 to 6 pm in SJ-214 and the awarding of the top finishers in each of the drawing, painting, jewelry, photography, ceramics and sculpture categories. Sponsored by the Fine Arts & Humanities Department, top awards will be announced for best of show, chair choice, jurors' choice, purchase awards and people's choice. The art exhibit will run through Dec. 10.